



HAVE A #REALCONVO
ABOUT MENTAL HEALTH

SELF CARE

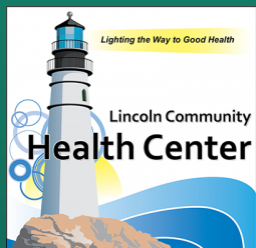
THERAPISTS 4 YOUTH

SCHEDULE YOUR APPOINTMENT

541-265-4179

PHONE & VIDEO APPOINTMENTS AVAILABLE

LINCOLN COUNTY BEHAVIORAL HEALTH



INDIVIDUAL

THERAPY GROUP
FAMILY

Mental Health Crisis Hotline
1-866-266-0288

SCHOOL BASED